



# Silver Slipper

Nanaimo Ballroom Dance Society  
Newsletter — May 2006

## The President's Corner

### NBDS – Brought to you by our Volunteers

Well, summer is just around the corner and many things have happened since the last edition of the Silver Slipper in December.

Looking back over the last five months, there were three major NBDS activities, all of which consumed an enormous amount of volunteer effort.

First of all, there were the months of effort that went into the Island Fantasy Ball. This event, in its fourteenth year, was created through the time and talents of no fewer than 50 volunteers. And it all paid off in a truly spectacular event - one of our finest, in my opinion. Nelson Wong and his hard-working committee, together with the many people who helped out on the day of the event, deserve all of the credit. The evening was upbeat, fast-paced and highly entertaining, to the delight of a sell-out crowd. The show couple Maxim and Yulia put on two truly amazing performances, the caterer did a credible job of delivering a buffet dinner to a record 470 dinner guests, and the competitors, some of whom traveled hundreds of miles to compete, danced before some of the most qualified judges in North America. And speaking of qualifications, even the people who swept the floor had to earn the honour by serving as an NBDS president.

Another activity which has taken a huge amount of organizing has been the start-up of the Nanoose Place dances. Nanoose Place, a new venue for NBDS, required the efforts of a special committee headed by Stephen Gower to set up a contract and to change the venue into one that has just the right ambience for our ballroom dances. The result has been very successful, as witnessed by the attendance at these dances. Stephen and Elaine have written a separate article in this Silver Slipper about the dances which have been held at Nanoose Place.

A third major activity which is ramping up is the Newcastle Island Dance Camp, to be held on July 7-9. A committee co-ordinated by John Maher and Gwen Spinks has worked long hours to put together three days of workshops, fun and dancing at this historic locale. The dance camp follows on the success of the first one last year, which attracted over 100 participants from all over Vancouver Island.

I have been asked how a small group like NBDS can stage a classy event like the IFB, explore new venues like Nanoose Place, and organize a 10-instructor dance camp.

I like to say quite simply that it's because of the people we have - people who give generously of their own time and energy for the promotion and enjoyment of ballroom dancing.

*By Keith Wilson*

To get the latest on ballroom dancing around Nanaimo and around the world, with a listing of the mid-island dance instructors, check our web site at

[www.ballroomnanaimo.ca](http://www.ballroomnanaimo.ca)



Keith Wilson (President), Stephen Gower (Vice-President)  
Deborah Wilson (Secretary), Barbara Yee (Treasurer)  
John Maher, Nelson Wong, Fred Rockwell, Sara Treutler  
(left to right) *Missing from photo: Doug Sheaff & Tina Maher*

### A little gossip ...

Dave Stevenson is doing very well after his surgery. Our love and prayers are with you and Norma.

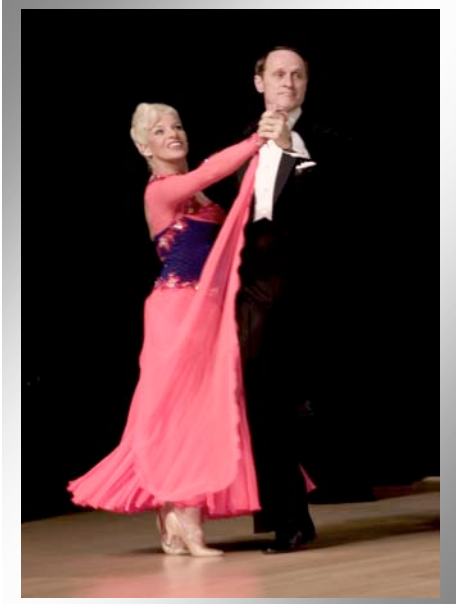
I wish I could get more of Nelson's great photos in. If you want to see more check out our website: [www.ballroomnanaimo.ca](http://www.ballroomnanaimo.ca)  
You can also see Andrew Leung's photos from the Island Fantasy Ball.

Volunteer! Volunteer! – We need Volunteers! Doing a little helps a lot! Talk to Keith about what you can do.

### Note from the Editor ...

I'm sorry most of the images have no captions – but I hate making mistakes — so, I'm safer this way. To all the contributors to this Newsletter - Thank you! The next newsletter will come out at the 25<sup>th</sup> Anniversary Dinner Dance. Please contact me with your contributions and ideas and if you have any old pictures that you could email me for that issue I would be grateful. thanks Gwen 247-9756 or [wannadance@shaw.ca](mailto:wannadance@shaw.ca)

**Photo Credits:** Nelson Wong



Fred Rockwell & Barbara Yee (Nanaimo)

- Adult Bronze Latin – *Quarter-finalists*
- Senior Bronze Latin – *Semi-finalists*

Stephen & Lesley Tombs (Errington)

- Senior Bronze Standard – *Semi-finalists*
- Senior Silver Standard – *Semi-finalists*

David Marasigan (Rich.) & Kimberley Beerman (Nan.)

- Under 21 Gold Latin – *1<sup>st</sup>*
- Adult Gold Standard – *3<sup>rd</sup>*
- Adult Gold Latin – *3<sup>rd</sup>*

Zillion Wong (Nanaimo) & Sarah Liang (Vancouver)

- International Open Adult Standard Championship – *Semi-finalists*
- International Open Adult Latin Championship – *Finalists*
- North American Open Latin Championship – *Finalists*
- Under 21 Open Standard Championship – *2<sup>nd</sup>*
- Under 21 Open Latin Championship – *1<sup>st</sup>*

*By Fred Rockwell*

## Islanders Dance at Snow Ball 2006

Ballroom dance champions from around the world dazzled spectators at the Snow Ball Classic, a major dance competition held last February in Richmond.

Tall and lean, Brian Morgenstern of Qualicum Beach, looked every bit a champion as he tried on a new pin-stripe tail-suit between events.

Unlike the international champions at Snow Ball, Brian and Elizabeth have only recently started competing. For them, many things are new – like how to wear a tail-suit with all the accessories.

Brian, an engineer, and Elizabeth, an elementary school teacher, have been dancing for about 7 years. And 3 years ago, at the suggestion of their teacher and coach, they tried competition and found they enjoyed it.

“For us, competing is about learning to dance better,” explained Elizabeth. “Social dancing is fun, but we don’t get to use much of what we know. With more room to move, we can really let go on the competition floor.”

Both speak wistfully about moments where they feel they are dancing in perfect harmony with each other and the music.

“We’ve had that feeling and are constantly trying to recapture it,” said Elizabeth.

## Results from Snow Ball Classic – Feb. 2006

Brian Morgenstern & Elizabeth Marshall (Qualicum Beach)

- Adult Silver Standard – *Semi-finalists*
- Adult Gold Standard – *Quarter-finalists*
- Senior Silver Standard – *Finalists*
- Senior Gold Standard – *Quarter-finalists*



## A little history ...

### Mambo

A Latin dance that originated in Cuba and is danced to moderately fast, highly syncopated music and uses lots of Cuban motion. It breaks on the 2 beat of the music, and the 1 beat is held.

### Cha Cha

An upbeat, energetic Latin dance which was derived from a slowed-down version of the Mambo in the 1950s. The name comes from the syncopated fourth beat of the bar where two half-beat sounds occur that sound similar to the words Cha Cha.

<http://www.centralhome.com/ballroomcountry/cha-cha-cha.htm>

*by Gwen Spinks, Wanna Dance*

## Steppin' Out at Nanoose

Well...it's been a busy year. We started the new Nanoose venue with a New Year's Eve party. The turn out was incredible, the energy was high with Nelson as our musician, and the "potluck" table groaned under the weight of the feast.

We had barely put the Christmas lights away when the subcommittee geared up again for International Night. Ethnic costumes appeared along with a few guest dancers representing Spain, Argentina and Hawaii. Fred Rockwell was our DJ for the night and did a splendid job with the international music. He also had a play sheet to tell us what to dance to each musical selection and we needed it!

Nanoose has been averaging 90 people per dance and the response from the local dancers has been wonderful.

The Nanoose committee followed through with the Valentine's theme with Dave Stevenson providing romantic music, and then Easter was here. Claude Hamel introduced a different flavour of music to the dance. It was his debut as a DJ and we were thrilled to have him!

For April, Daffodils represented spring with John Maher bringing his high energy to Nanoose. We are now heading into May with Norm Whelpdale stepping up to the mike. To all our DJ's new and old - THANK-YOU!

June is Hawaiian Night and John Maher is our DJ for the evening. **Calling all Aloha shirts and Muumuu's!** What better clothes to wear on a hot summer night under the palm trees and warm tropical breezes.... OK, so you need your imagination! Bring some pupus (that's cold finger food for the layperson!) and share the evening with us!

Gwen Spinks is teaching a beginner's jive workshop in May and she will be following that up with a 2nd part at our Hawaiian Night. Aloha!

The subcommittee for Nanoose is taking July off. The Newcastle Dance Camp is the big draw for July! Camping, BBQ's, and dance dance dance. How could we compete with that!

We'll be back and dancing in August and we hope to see you there.

October is coming up with a very special evening. Nanaimo Ballroom Dance Society is celebrating it's 25th Anniversary! Think of the history! Think of all the dancers who have circled our dance floor, competed for honours and volunteers who have donated countless hours of their time to make our society a success. That deserves a party!

We have a dinner dance planned for Nanoose Hall. The "Spice of Life" have been retained for this special occasion.

The committee is working hard trying to make this a memorable night.

Did you compete for NBDS? Do you have that beautiful dress tucked in the back of your closet? Would you like it to be seen one more time on the dance floor? Please contact Stephen Gower (gowerthompson@shaw.ca Subject: **25 years**)

It would be nice to have a fashion show with your cherished memories. Let's see if we can make this happen.

A special thank-you goes to Donna Jaggars. She has been wonderful providing food for 100 people at times and keeping everyone happy with tea, coffee, and water!

Ideally, we would like to see a number of people bring one or two plates of food to feed a large crowd. The kitchen duties would be so much easier if we could share the load. There is a small book at the ticket table designed for volunteers. It's just so different to get a phone call asking for one batch of cookies rather than preparing food for 100 and being locked in the kitchen all night!

**Please, can you help?**

The Nanoose Dances are a place to have some fun, try out those new dance steps and it's only minutes away.

See you on the dance floor.

*By Elaine Thompson & Stephen Gower*



## Newcastle Island Dance Camp

**July 7, 8 & 9th — join in the fun!!**

**Great Instructors** - Pamela Podmoroff, John de Pfyffer, Christina Morrison, Keith & Holly Foraie, Nelson Wong, Gwen Spinks, David Seath, Susan Peach, Helen Duggan and Sara Raymond

### **Great Workshops**

Night Club Waltz - great for those slow ballads!

Cha Cha - Intermediate Social Steps & Style

International Waltz - Beginner made better

Nite Club 2-step - Beginner Smooth Style

West Coast Swing - making it look good

Merengue/Bachata - Beginner

Swing - Intermediate

Yoga for dancers

Salsa - Beginner

Country 2-step

Line dances

Cost is only \$60  
per person before  
June 7th

Tickets available from Gwen 247-9756 wannadance@shaw.ca

## Island Seniors Dance at UBC Ball – March

Senior couples from central island held their own against dancers half their age at the UBC Gala Ball held March 11 in Richmond.

“In competitive ballroom dancing, anyone 35 and older is considered a Senior,” noted Nanaimo competitor Fred Rockwell.

“They say dancing keeps you young – but you’d never guess it from the age categories,” he quipped.

Brian Morgenstern & Beth Marshall-Morgenstern placed 6<sup>th</sup> out of 13 in Silver Standard; Stephen & Lesley Tombs, 8<sup>th</sup> out of 17 in Bronze Standard; and Fred Rockwell & Barbara Yee, 9<sup>th</sup> out of 13 in Bronze Latin.

“We are very happy with our results,” said Yee. “This is the first time we were called back at the Bronze level.”

### Local Results from the UBC Gala Ball

Brian Morgenstern & Elizabeth Marshall (Qualicum)

- Adult Silver Standard – *Finalists*
- Adult Gold Standard – *Quarter-finalists*
- Senior Silver Standard – *Finalists*
- Senior Gold Standard – *Semi-finalists*

Fred Rockwell & Barbara Yee (Nanaimo)

- Adult Pre-Bronze Latin – *Quarter-finalists*
- Adult Bronze Latin – *Semi-finalists*

Stephen & Lesley Tombs (Errington)

- Adult Bronze Standard – *Semi-finalists*
- Adult Silver Standard – *Semi-finalists*
- Senior Bronze Standard – *Semi-finalists*
- Senior Silver Standard – *Semi-finalists*

David Marasigan (Rich.) & Kimberley Beerman (Nan.)

- Adult Pre-Championship Standard – *Finalists*
- Adult Gold Latin – 3<sup>rd</sup>

Zillion Wong (Nanaimo) & Sarah Liang (Vancouver)

- BC Open Adult Standard Championship – 1<sup>st</sup>
- BC Open Adult Latin Championship – 1<sup>st</sup>
- Under 21 Open Latin Championship – 1<sup>st</sup>

*By Fred Rockwell*

## Monthly Events ...

### First Friday Dance at Bowen Park

**Next Dance:** July 7th, 2006

7:30 pm **Workshop** - check our website

8:30 - 11:30pm **Dancing**

**Cost:** \$8 for members, \$12 for non-members with workshop; \$6 and \$10 after workshop or on non-workshop days.

For more info, contact Keith at 751-1899

### Oceanside Sunday Tea Dance

Nanose Place, 2925 Northwest Bay Road, Nanose

**Next Dance:** June 11th, 2006

2:00 - 4:30pm **Cost:** \$7.50

Great mix of Standard and Latin

**Hosts:** Ken & Margaret Yung [kmteyung@shaw.ca](mailto:kmteyung@shaw.ca)

### Third Saturday Dance at Nanose Place

**Next Dance:** June 17th, 2006

6:00 pm Practise time

7:30 pm Workshop - check our website

**Cost:** \$8 for members, \$12 for non-members with workshop;

For more info, contact Keith at 751-1899

### AllDance at Norm's Place

Norm's Place, 6731 Aulds Road, Nan.

**Next Dance:** June 23rd, 2006

7:00 workshop 8:00 dancing

**Cost:** \$7.00 in advance \$5 without workshop \$10 at the door

From 2-Step to Tango and everything in between

**Hosts:** Norm: [alldance@shaw.ca](mailto:alldance@shaw.ca) 390-0282

### Second Friday Dance at the Legion

Royal Canadian Legion – 1630 E. Wellington Rd., Nan.

**Next Dance:** July 14th, 2006

8:00 - 11:pm **Cost:** \$5

Standard, Latin and Old Time dances – try it, you'll like it!

**Hosts:** Dave & Norma Stevenson 751-8669



## Island Fantasy Ball Posts Personal Best

The Nanaimo Ballroom Dance Society reports that the 14<sup>th</sup> annual Island Fantasy Ball held earlier this month was the best ever.

The IFB is an amateur ballroom dance competition held in early May each year at Beban Park.

Attendance was up over previous years. Tickets were completely sold out by April and standing room only passes were created to accommodate competitors who were late purchasing tickets. In addition, 87 afternoon passes were sold at the door.

Cheered on by an enthusiastic crowd, 70 couples from BC, Alberta, and Saskatchewan, showed off their best dance moves before an international panel of judges. Ten solo exhibitions were also adjudicated.

Zillion Wong, of Nanaimo, and his Vancouver partner, Sarah Liang successfully defended their BC Closed Championship titles in the Standard and Latin divisions, placing first in all 10 dances.

-more-

World Professional Latin Show Dance Champions Maxim Kozhevnikov and Yulia Zagoruychenko put on a stunning two-part show as part of the evening session.

“This was the best professional showcase we’ve ever had,” said Chester Scott, member of the IFB Organizing Committee, “and I’ve been to every IFB but one.”

At one point during the evening, Brian Morgenstern of Qualicum Beach, stood to publicly thanked Nelson Wong on behalf of all the competitors. In addition to chairing the IFB Organizing Committee, Wong has touched the lives of many local dancers through his teaching, coaching and general encouragement.

With 2007 being the 25<sup>th</sup> anniversary of NBDS, planning is already underway for a gala celebration at the 15<sup>th</sup> annual Island Fantasy Ball, May 5, 2007.

### Complete Local Results:

Zillion Wong (Nanaimo) and Sarah Liang (Vancouver)

- 2006 Adult BC Closed Standard Champions
- 2006 Adult BC Closed Latin Champions

David Marasigan (Rich.) and Kimberly Beerman (Nan.)

- Adult Gold Latin – 1<sup>st</sup>
- Adult Pre-Championship Standard – Finals
- Adult BC Closed Standard Championship – Finals

Brian Morgenstern & Elizabeth Marshall (Qualicum)

- Adult Gold Standard – Semi-finals
- Senior Gold Standard – Semi-finals
- Adult Silver Standard – Semi-finals
- Senior Silver Standard – Finals

Stephen & Lesley Tombs (Errington)

- Adult Silver Standard – Semi-finals
- Senior Silver Standard – Finals
- Adult Bronze Standard – Semi-finals
- Senior Bronze Standard – Finals

Fred Rockwell & Barbara Yee (Nanaimo)

- Adult Bronze Latin – Semi-finals
- Senior Bronze Latin – 1<sup>st</sup>
- Adult Pre-Bronze Latin – Finals

Stephen Gower & Elaine Thompson (Parksville)

- Adult Pre-Bronze Standard – Finals

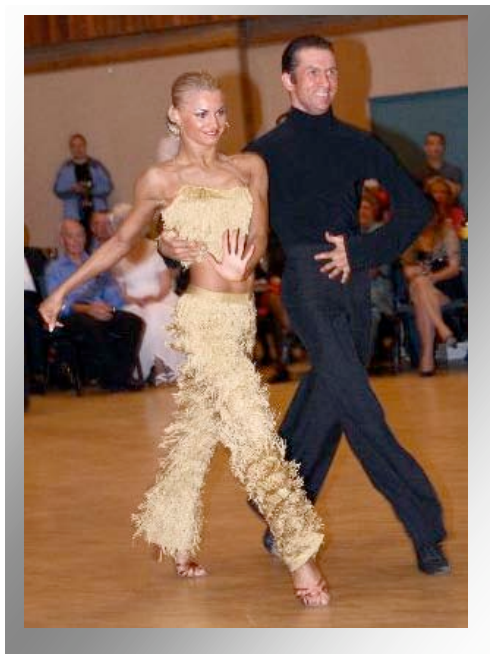
Solo Exhibitions

- Norm Whelpdale with teacher Sandy Dyck
  - Intermediate Silver American Waltz – 1st Class
  - Intermediate Silver American Rumba – 1st Class
- Shilo Weiss with teacher Ken Yung
  - Full Bronze International Slow Foxtrot – 1st Class
  - Full Bronze International Quickstep – 1st Class
- Nancy Westwood with teacher Ken Yung
  - Newcomer International Rumba – 1st Class
- Jacqui Bradley with teacher Ken Yung
  - Newcomer International Cha Cha – 1st Class

For more information:

Fred Rockwell; Nanaimo Ballroom Dance Society  
Spokesperson 250-616-6711

PHOTO: Maxim Kozhevnikov and Yulia Zagoruychenko dancing at IFB. Photo by Nelson Wong.



## Flying into Russia

At the Snowball Classic this past February, Sarah and I were invited (all expenses paid) to attend an International DanceSport Federation (IDSF) competition in Volgograd, Russia. Our trip to Russia was a great experience and a trip we'll always remember.

Canadians require a visa to travel to Russia. We were unsure whether we would even be going until the day before we left as our visas didn't arrive until that day. The visa application was an enormous undertaking (thanks, mom) for it took numerous emails with Russia, various phone calls with Toronto and Ottawa and assistance from our travel agent before we finally received our visas from the Russian Embassy in Seattle on February 28. The following day, on Wednesday March 1, 2006, at 6:30 pm we departed from the Vancouver International Airport for Russia. After three flights, some practice time in the London airport, and 29 hours of time in transit (not even counting the 11 hours time difference), we arrived in Volgograd, a city situated to the south of Moscow.

We checked into the "Best Eastern" hotel around 11:00 am on Friday. I was pleasantly surprised by the front desk staff at the hotel who, unlike everyone else, spoke English. We spent most of the day sleeping.

On Saturday, we woke up early in the morning due to the effects of jet lag. After a continental style breakfast, we got ourselves ready for the competition. When we arrived at the venue, we found out that the competition was delayed by two hours because one of the Italian couples' flight was delayed. The venue was a large arena style hall with bleachers. There was a stage where the live band was set-up to play for the semi-final and final rounds.

Couples were getting ready everywhere. There were a few small change rooms for competitors, but most of the competitors just used the bleachers as change rooms. It was quite a sight.

Surprisingly, for an IDSF competition, relatively few spectators were present, definitely less than our world famous Snowball Classic. On the flip side, there were tons of competitors at the event. On the Friday, only two

events were held, the Youth Latin, and our event, the IDSF Open Standard. The youth couples were extremely strong dancers and incredibly mature looking. We thought it was an Under-21 event as some of the youth couples looked older than us. We were called back to the quarter-finals of the IDSF Open Standard and placed 23rd out of a field of 54 couples.

The next day was scheduled very similarly to the previous day, except the competitions held were the IDSF Open Latin and Youth Standard. Amazingly, the Youth Standard couples looked extremely young when compared to the Latin couples from the day before. There were 76

couples in the IDSF Open Latin event and we finished in the quarter-final round and placed 25th. We were pretty happy with our dancing and our results on both nights.

There was a reception on the last day after the competition for all the officials and international competitors. The party was held at the hotel restaurant, and there was a live performance from the singer who sang at the competition. The food was delicious and the bar was open. It was a pleasant close to the weekend.

After another long journey and almost missing our connecting flight in London (our luggage didn't make it though, it arrived 2 days later), we arrived back in Vancouver on Monday, March 6 in the afternoon. We felt invigorated after our Russia trip and went into full swing to prepare for the UBC Gala Ball to be held on that weekend.

Although we didn't get to do much sight seeing in Russia, and the most English we heard during the entire weekend was from the North American music videos, the trip was a blast and we've learned so much. The best part of the trip was being given the opportunity to represent Nanaimo/Vancouver, British Columbia, and all of Canada from over 9,000 kilometers away in Russia.

*By Zillion Wong*

*Check out the faces in the audience!*



## Update on Newcastle Island Dance Camp

Bigger and better than last year, the Newcastle Island Dance Camp on July 7 to 9 is shaping up to be a great weekend for dancers. The committee has done a great job selecting a mix of top instructors from “away”, such as Pamela Podmoroff, John dePfyffer and Christina Morrison, along with several mid-island ballroom and social dance instructors. With 15 workshops, two meals, camping and ferry all included in the weekend pass it is a bargain for only \$60 (early bird price; goes up on June 7 to \$70 but still a bargain).

Originally planned to be held in mid-July, the date had to be changed due to conflicts with a wedding and bathtub days. This unfortunately means an overlap with the July 7 dance at Bowen. However, we have scheduled the most un-ballroom workshops for Friday evening, and there will be plenty of opportunity on Saturday to catch up on nightclub 2-step and salsa. Both couples and singles will enjoy the workshops.

All the details are available on flyers and the web site: [www.ballroomnanaimo.ca](http://www.ballroomnanaimo.ca).

Join the fun and order your tickets today!

Thanks to all the committee members for helping plan the dance camp: Gwen Spinks (Gabriola); Wayne Smith (Port Alberni); Holly Foraie (Courtenay); Tammy Paton (Lantzville), and Brian Hicks (Nanaimo). And a special thanks to our club webmaster, Brian Gaines (Mill Bay) for many updates to the webpage.

See you there!

*By John Maher*



## Marshalling at the IFB ...

I was given the opportunity to play a big role at the IFB this year as head marshal. This was a complete unknown for me so I of course spent a considerable amount of time over-thinking every detail, as any other half decent perfectionist would. Well, it paid off! Marshalling at the IFB was, in a nutshell, a fabulous experience. Firstly, I felt very welcomed and encouraged by all the Committee members at the meetings leading up to the event, and was truly, truly amazed at their combined knowledge and commitment. I had no idea just how much time they each give to get the IFB on its feet each year...with smiles on their

faces...and then buying their tickets just like everyone else. In particular, Dave Stevensons' knowledge was of huge help to me before IFB as I learned to prepare my detailed event spreadsheet. Then on the actual day he gave me space to figure it out for myself. I knew I had only to ask and he'd have been right there next to me. Thanks Dave!

As for the actual marshalling...at 10:52 a.m. I really thought I was going to faint. Pinky had just called the 1<sup>st</sup> 3 events to marshal, and I found myself surrounded by nervous, excited young girls and boys and their parents and coaches. They all had a question about something, and they all thought I was the one who could get them their answer....I had a nasty queeziness building....but then I realized that I had a knight in shining armour to help me...and at 10:57 Kevin came galloping over! Now we had 2 rookies on the job and I admit to having a certain sense of dread at this point. However, Kevin has a good grasp of how things work after years of competition and he also knows many of the competitors by face and by name which was invaluable when looking for missing couples!

Once I got the younger couples on the floor I thought it would be smooth sailing...ha! I never realized that when a few of the adults put on those gorgeous, flowing gowns and the smart jackets that their eyes seem to get a bit glazed over (a la Viennese waltz) and awareness of time goes out the window. Thus the Standard events were tougher to marshal. The events were often very full with 10-12 couples on the floor...some couples didn't marshal till the last minute, some slipped off to the bathroom when I turned my back, many of them needed hearing aids! There were missing shoes and missing partners...I heard it all. But I also knew that I was loving doing this. I knew what my job was, and I was able to bring the excited chaos into order. I loved being so close to the competitors and seeing them relax once they realized that things were in control and were going to run smoothly for them.

The Latin events were so much easier to marshal. The competitors seemed alert and focused, much like the dances they were performing. Keith, Kevin and I were by now working together like a well-oiled machine, and there was even time for a cup of tea and a sandwich (provided by the wonderful, 'everready' Sylvia who knew that it would be hard to marshal whilst passed out on the floor). Thank-you also to my 2 great marshal assistants, Gale Drew and Marilyn Metcalf, who took care of ushering the couples smartly out onto the floor.

The evening session was just plain fun for me. The competitors had figured me out and marshalled more quickly, so that I was able to chat and joke with them and even watch some of the events. Showtime was of course absolutely stunning!! Bring on IFB 2007!

*By Jane Walters*

*We are so fortunate - We get to watch these rising stars!*



## Courtesy Passes

In order to encourage new dancers to practice what they have learned, and to experience social ballroom dancing, NBDS has introduced a “courtesy pass” system.

Each courtesy pass will allow one couple free admission to non-ticketed NBDS dances while they are enrolled in a course which teaches at least one of the ten ballroom dances, provided both are not already members of NBDS. The passes are valid up to the end of the month following the completion of their course. For example, a couple taking a course which ends on June 14 will be allowed free admission to dances up to the end of July. We expect this will give couples new to NBDS two or three free dances to “test the waters” and see if they would like to continue as active members of NBDS.

If you are volunteering for door duty and are presented with a courtesy pass, please check that it has been authorized by a local dance instructor and is dated. Please ask the couple to sign the guest book as a “student” and ask if they would like to leave an email address so we can get information to them about future dances. Leave the pass with the student couple so they can use it again, up to the expiry date. If the pass has expired, please collect it and encourage the couple to join NBDS so they can enjoy our full dance calendar.

We no longer hold “student nights,” but instead encourage students to attend our regular dances and mix with our regular members. If you see anyone who you think is a visitor, please introduce yourself and welcome the visitor to NBDS!

*By Keith Wilson*



## Our Video Library

The dance club has been slowly building a video library over the years for the benefit of the membership. Here are some titles of the more recent videos that are available. Videos are available (two at a time) to current NBDS members for a three-week period. Contact Bruce at 754-1735 for details.

## Latin

Beginning level **Jive** – by Corky and Shirley Ballas  
Intermediate level **Jive** – by Corky and Shirley Ballas  
Advanced level **Jive** – by Corky and Shirley Ballas  
International Latin **Jive** techniques – by Corky & Shirley Ballas  
Intermediate level **Rumba** – by Corky and Shirley Ballas  
Advanced level **Rumba** – by Corky and Shirley Ballas  
International Latin **Rumba** technique by Corky & Shirley Ballas  
International Style Techniques and Principles **Cha Cha** Volume 1 – by John and Nadia Eftedal  
International Style Intermediate **Cha Cha** by Corky & Shirley  
International Latin **Samba** techniques – by Corky and Shirley  
International Style Open Bronze **Samba** Variations DVD by Johnson and Kozak  
International Style Doctor **Latin Introductory** Tape – by Corky and Shirley Ballas  
**Turns and Spins** DVD – by Shirley Ballas  
**Latin technique & muscular exercises** DVD by Shirley Ballas

## Standard

International Standard Beginning & Intermediate (Bronze)  
**Waltz** – by Veyrasset and Smith  
Basic modern **Waltz**, Look, Listen and Learn – by Andrew and Loraine Sinkinson  
Technique on video **Waltz** Membership – by Elizabeth Romain  
International style Beginning thru Advanced **Viennese Waltz** – by Veyrasset and Smith  
International Bronze **Foxtrot** – by Veyrasset and Smith  
International Style Beginning and Intermediate (Bronze)  
**Quickstep** – by Veyrasset and Smith  
International Style Open Silver **Quickstep** variations & technique DVD – by Veyrasset & Smith  
International Style Standard technique **Tango** – by Veyrasset and Smith  
International Style Beginner / Intermediate Bronze **Tango** – by Veyrasset and Smith  
**Ballroom dancing for beginners** – Andy and Wendy Wong (Tango, Foxtrot, Samba, Jive)  
International Style Advance 1 **Ballroom Technique** – by Veyrasset and Smith  
Standard and Smooth **Exercises for the Ladies** Volume 1 – by Heather Smith  
Simply Beautiful **Ballroom dance** – Marcus and Karen Hilton  
Time to Dance, a **dance video of the superlative** – by Donnie Burns and Gaior Fairweather

